



**SACRAMENTO
MONTESSORI SCHOOL**
LITTLE STEPPING STONES LLC

July 2021

Monday

Corn Flakes served with sliced honeydew melons
White peaches with Keebler crackers
Chili casserole as the main dish, sweet peas as the vegetable, and watermelon; with milk
Yellow peaches served with honey graham crackers

Tuesday

Pancakes served with bananas and milk
Plums served with cornbread
Spaghetti as the main dish, Mixed Green salad with Raspberry vinaigrette dressing; and Oranges; with milk
Grapes served with Keebler crackers

Wednesday

French Toast with honeydew and milk
Cantaloupe served with honey graham crackers
BBQ chicken with brown rice; broccoli and apples; served with milk
Grapes served with keebler crackers

Thursday

Belgian Waffles served with Strawberries/bananas and milk
Apples served with graham crackers
Ravioli's as the main dish; Red leaf and Romaine lettuce served with tomato slices and raspberry vinaigrette and oranges; served with milk
Mandarins served with honey graham crackers

Friday

Smoothies served with blueberry muffins and milk
Cantaloupe served with honey graham crackers
Italian Summer Pasta as the main dish; Sautéed corn and red pears; served with milk
Fuji Apples served with cornbread