



**SACRAMENTO  
MONTESSORI SCHOOL**  
LITTLE STEPPING STONES LLC

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## *June 2022*

### *Monday*

Belgian waffles served with cantaloupe and milk  
Pears served with graham crackers  
Butter noodles with peas as the main dish, red leaf and romaine lettuce with balsamic vinegar dressing, watermelon, and milk  
Pink Lady apples served with Goldfish

### *Tuesday*

Pancakes with Bananas, mixed berries, and milk  
Apple slices served with Goldfish  
Chicken Nuggets as the main dish, red leaf and romaine lettuce with balsamic vinegar dressing,  
orange slices for the fruit and milk  
Red grapes served with Graham Crackers

### *Wednesday*

Cheerios served with strawberries, blueberries, raspberries, and milk  
Oranges served with Graham crackers  
Quesadillas as the main dish, Green Beans, apples, and milk  
Pears as the fruit served with Goldfish

### *Thursday*

French Toast served mix berries and milk  
Ritz crackers served with Bartlett Pears  
Turkey Roll-Ups as the main dish, sweet corn, apple slices and milk  
Green grapes served with Goldfish

### *Friday*

Blueberry muffins served with strawberries and orange smoothies  
White peaches served with Graham Crackers  
Pillsbury Pizza Rolls as the main dish, red leaf and romaine lettuce, carrots, cucumbers, tomatoes with  
ranch dressing, pineapples, and milk  
Bartlett pears served with granola bars